

# **Fire Suit Sizing**

# Firefighting Tunics & Combi Jackets

Label	S	M	L	XL	XXL	XXXL
Chest cm	92 - 100	100 -108	108 - 116	116 - 124	124 - 132	132 - 140
Height: short	162 - 170	162 - 170	162 - 170	162 - 170	162 - 170	162 - 170
Height: regular	170 - 184	170 - 184	170 - 184	170 - 184	170 - 184	170 - 184
Height: tall	184 - 192	184 - 192	184 - 192	184 - 192	184 - 192	184 - 192
Height: extra tall	> 192	> 191	> 192	> 192	> 192	> 192

please note: all sizes in centimetres

# **Firefighting Trouser & Salopettes**

Label	S	M	L	XL	XXL	XXXL
Waist cm	72 -80	80 - 88	88 - 96	96 - 104	104 - 112	112 - 120
Short: in- side leg	74	74	74	74	74	74
Regular: inside leg	79	79	79	79	79	79
Tall: inside leg	84	84	84	84	84	84

please note: all sizes in centimetres

# **Coveralls**

Label	S	M	L	XL	XXL	XXXL
To fit chest	92 - 100	100 - 108	108 - 116	116 - 124	124 - 132	132 -140
Height: Short	162 - 170	162 - 170	162 - 170	162 - 170	162 - 170	162 - 170
Regular	170 - 184	170 - 184	170 - 184	170 - 184	170 - 184	170 - 184
Tall	184 - 192	182 - 192	182 - 192	182 - 192	182 - 192	182 - 192
XTall	> 192	> 192	> 192	> 192	> 192	> 192

please note: all sizes in centimetres

SIZING SETS ARE AVAILABLE FOR ALL FIRE KIT

## Note - Sizing & Fit

A fire fighting suit is designed predominantly to protect the wearer from heat and flame but other factors must be taken into consideration when deciding what the correct fit is for the wearer. The high thermal values incorporated into the suits means that it is essential that the fit is not too tight; encouraging an air flow between the body and the suit will help to reduce the heat build-up from the body, particularly when hard physical work is being undertaken. Please take this into account when measuring up.

#### **Tunics**

Height: to top of head

Chest: around the chest under the arms wearing T shirt Inside leg: from crotch to top of the foot in shoe or boot

#### **Trousers**

Height: standing vertically to top of head

Waist: circumference at natural waist (wearing lightweight trousers for fire

fighting garments)

Inside leg: from crotch to top of the foot in shoe or boot

### Coveralls

Height: standing vertically to top of head

Chest: around the chest under the arms wearing T shirt

Waist: circumference at natural waist (wearing lightweight trousers for fire

fighting garments)

Hips: circumference around the fullest part of the hips/seat Inside leg: from crotch to top of the foot in shoe or boot